

Medications to Avoid Prior to Surgery

Blood Thinners (Stop 7-10 days before surgery, unless otherwise directed)

Clopidogrel
Coumadin
Plavix
Warfarin sodium
Ximelagatran

Birth Control & Hormonal Medications (Stop 4 weeks before surgery due to risk of blood clots)

Birth control pills
Estrogen creams or patches
Estrogen replacement

Herbal Supplements (Stop 7-10 days before surgery)

Echinacea
Ephedra
Feverfew
Fish Oil
Garlic
Ginger
Ginkgo Biloba
Green Tea
Kava Kava
St. John's Wort
Valerian
Vitamin C (high doses)
Vitamin E

NSAIDs / Anti-Inflammatory Medications (Stop 7-10 days before surgery)

Aspirin (Anacin, Ascriptin, Bayer, Bufferin, Ecotrin, Excedrin)
Celecoxib (Celebrex)
Choline and magnesium salicylates (CMT, Tricosal, Trilisate)
Choline salicylate (Arthropan)
Diclofenac potassium (Cataflam)
Diclofenac sodium (Voltaren, Voltaren XR)
Diclofenac sodium with misoprostol (Arthrotec)
Diflunisal (Dolobid)
Etodolac (Lodine, Lodine XL)
Fenoprofen calcium (Nalfon)
Flurbiprofen (Ansaid)
Ibuprofen (Advil, Motrin, Motrin IB, Nuprin)
Indomethacin (Indocin, Indocin SR)
Ketoprofen (Actron, Orudis, Orudis KT, Oruvail)
Magnesium salicylate (Arthritab, Bayer Select, Doan's Pills, Magan, Mobidin, Mobogesic)
Meclofenamate sodium (Meclomen)
Mefenamic acid (Ponstel)
Meloxicam (Mobic)
Nabumetone (Relafen)
Naproxen (Naprosyn, Naprelan)
Naproxen sodium (Aleve, Anaprox)
Oxaprozin (Daypro)
Piroxicam (Feldene)
Rofecoxib (Vioxx)
Salsalate (Amigesic, Anaflex 750, Disalcid, Marthritic, Mono-Gesic, Salflex, Salsitab)
Sodium salicylate (various generics)
Sulindac (Clinoril)
Tolmetin sodium (Tolectin)

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Valdecoxib (*Bextra*)

Weight Loss Medications (Stop 7-14 days before surgery, depending on medication and provider recommendation)

Hydrogel (*Plenity*)

Liraglutide (*Saxenda*)

Naltrexone-bupropion (*Contrave*)

Orlistat (*Xenical, Alli*)

Phentermine (*Adipex, Suprenza*)

Phentermine-topiramate (*Qsymia*)

Semaglutide (*Wegovy, Ozempic*)

Setmelanotide (*Imcivree*)

Tirzepatide (*Zepbound, Mounjaro*)

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