

Sculptra Consent

Sculptra® Aesthetic (injectable poly-L-lactic acid) is an FDA-approved injectable treatment used to gradually restore lost facial volume and stimulate collagen production. It is used for facial rejuvenation, treating shallow to deep facial wrinkles, folds, and volume loss.

Sculptra works by stimulating the body's natural collagen production over time, with visible improvements occurring gradually over 4 to 12 weeks. Full correction typically requires a series of treatments (usually 2 to 3 sessions spaced 4–6 weeks apart).

Medical History – Please Inform Your Provider If You Have:

- ☐ History of keloid or hypertrophic scars
- ☐ Autoimmune diseases or immunosuppressive conditions
- ☐ History of allergic reactions to any injectable products or lidocaine
- ☐ Active infection, rash, or cold sores at or near the treatment site
- ☐ A bleeding disorder or are currently taking blood thinners
- ☐ Had recent or upcoming dental work including cleanings (within 4 weeks)
- ☐ Are pregnant, breastfeeding, or trying to conceive

Pre-Treatment Instructions

To minimize the risk of bruising and complications:

- Avoid aspirin, NSAIDs (e.g., ibuprofen, Advil), vitamin E, fish oil, and alcohol for 3–5 days before treatment.
- Do not receive Sculptra within 4 weeks of dental work including cleanings, vaccinations, or other invasive procedures.
- Arrive with clean skin (no makeup or skincare products).
- Hydrate well in the days leading up to your appointment.

Post-Treatment Instructions

- Massage the treated area for 5 minutes, 5 times a day, for 5 days. This helps evenly distribute the product and reduce the risk of nodule formation.
 - To reduce the risk of infection, always wash your hands and face prior to massaging.
- Avoid strenuous exercise, saunas, steam rooms, or excessive sun/heat exposure for 24–48 hours.
- You may experience swelling, redness, bruising, or tenderness at injection sites—this typically resolves within a few days.
- Keep the skin completely clean for 24 hours.
 - Avoid all skincare products and makeup
 - Avoid touching face with phones and animals
 - Use clean pillowcases
- Results will develop gradually over weeks to months. A follow-up evaluation and possible additional treatments will be discussed.

Risks and Side Effects

Although rare, possible side effects and complications include:

- Redness, tenderness, bruising, swelling
- Itching or discomfort at injection site

_____: Patient Initials

Kevin Caceres, MD

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Patient Name:

DOB:

MRN:

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- Formation of small lumps or nodules under the skin
- Asymmetry or uneven correction
- Granuloma formation (inflammatory response)
- Infection
- Allergic reaction
- Vascular occlusion (very rare but serious)

Expected Outcomes

- Results are not immediate. Initial volume may be due to swelling and water in the product, which will diminish in days.
- Improvement is gradual as your body produces new collagen.
- Maintenance treatments may be needed to sustain results over time.

Consent and Acknowledgment

I understand and acknowledge that:

- Sculptra Aesthetic is an elective, cosmetic procedure.
- The results are not guaranteed and can vary between individuals.
- I have been informed of the possible risks, benefits, and alternatives.
- I have had all of my questions answered to my satisfaction.
- I understand that multiple treatments may be required for optimal results.
- I am not pregnant or breastfeeding at this time.

I voluntarily consent to receive Sculptra Aesthetic injections today and in follow-up sessions as recommended by my provider.

Patient / Agent / Guardian Signature

Witness Signature

Date Signed

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