Scar Revision Consent

The purpose of scar revision is to improve the appearance, texture, or function of a scar resulting from trauma, surgery, or previous wound healing. This procedure may involve surgical excision, dermabrasion, laser therapy, or tissue rearrangement techniques to reduce visibility, correct contour irregularities, and enhance the overall aesthetic or functional outcome of the affected area.

Understanding the Risks and Benefits

I understand the goal of this surgery is to improve scar visibility. I also understand that:

- Surgery has **no guaranteed outcome**.
- **Risks** may include pain/discomfort, infection, bleeding, reaction to local anesthesia, scar, poor cosmetic outcome, and need for additional procedures.
- Rare but serious risks include major complications or even death.

Alternatives to Surgery

I understand that I have options, including:

- No treatment
- Skincare
- Laser treatment
- Morpheus microneedling

  Each has its own risks and benefits, which have been discussed with me.

Patient Acknowledgment

I've had the chance to ask questions, and all answers were clear. By signing, I agree to have the procedure done and understand everything explained above.

Post-Operative Instructions

Following these instructions will help your healing process and reduce the chance of complications:

What to Expect After Surgery

- **Brusing and Swelling:** It is normal to have bruising and swelling after surgery

When to Call the Office or Visit the ER

- Severe bruising or swelling
- Severe pain that is not controlled by prescribed medication
- Severe bleeding

Wound Care

- **Antibiotic ointment**: Apply 2–3 times daily to the incision
- **Keep clean and dry**: Use mild soap and water if advised
- **Dressings**: Change as directed and keep covered
- **No picking or scratching**: Prevents infection and scarring

Activity Restrictions

- **Rest**: No heavy lifting (over 20 lbs), vigorous exercise, or bending for 2 weeks
- **No driving** if taking narcotic pain meds

Medications

- **Prescription pain meds**: Take only as needed.
  - If pain is tolerable, take **Tylenol** instead of the prescription. Follow the Tylenol bottle to dose.
- **Antibiotics**: Take as prescribed and finish the full course.
- **Other medications**: Follow instructions carefully.

Avoid Smoking & Alcohol

- **No smoking**: Slows healing and increases risks
- **Avoid alcohol**: For at least 2 weeks, as it interferes with healing and medications

Scar Care

- **Scar treatments**: You may be advised to use silicone sheets, scar creams, or ointments once the incision has healed
- **Massage**: Gentle massage can reduce scar tissue buildup
- **Sun protection**: Keep the area covered or use sunscreen to prevent darkening of the scar

_____: Patient Initials

Kevin Caceres, MD
1615 Pasadena Ave South Suite 220 Saint Petersburg, Florida 33707
Phone (727) 870-3223 Fax (727) 870-4223

Patient Name:
DOB:
MRN:

Follow-Up Appointments

- **Attend all appointments** with Dr. Caceres to monitor healing
- **Report any unusual symptoms**: Redness, warmth, drainage, or worsening pain

Additional Tips

- Use **ice packs** as directed to reduce swelling.
- Keep your head elevated if recommended.
- Wear loose, comfortable clothing.

Patient Acknowledgment

By signing below, I confirm that:

- I have read or had this form explained to me
- I understand the risks, benefits, and alternatives
- I agree to follow all post-operative instructions
- I consent to the procedure by Dr. Caceres and his team

Patient / Agent / Guardian Signature

Witness Signature

Date Signed

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