

# Ear Piercing Consent

The purpose of this procedure is to create a small hole in the earlobe (or other part of the ear) to allow for the wearing of earrings or other jewelry. This is an elective procedure performed for aesthetic, cultural, or personal expression purposes.

## Understanding the Risks and Benefits

I understand the goal of this surgery is to improve ear lobe appearance. I also understand that:

- Surgery has **no guaranteed outcome**.
- **Risks** may include pain/discomfort, infection, bleeding, asymmetry, reaction to local anesthesia, poor cosmetic outcome, and need for additional procedures

## Patient Acknowledgment

I've had the chance to ask questions, and all answers were clear. By signing, I agree to have the procedure done and understand everything explained above.

## Post-Operative Instructions

Following these instructions will help your healing process and reduce the chance of complications:

### When to Call the Office or Visit the ER

- Redness, swelling, or warmth around the piercing that worsens
- Pus-like or yellow/green drainage
- Pain that increases or doesn't improve
- Fever over 100.4°F (38°C)

### Clean the piercing twice a day for the first 6-8 weeks:

- Wash hands thoroughly before touching your ears.
- Use a saline solution or an antiseptic ear care solution (not alcohol or hydrogen peroxide, as these can delay healing).
- Apply with a clean cotton swab or pad, gently cleaning around the front and back of the piercing.
- Gently rotate the earrings 1-2 times per cleaning to prevent sticking.

### Jewelry Care

- Leave the starter earrings in for the full healing period.
- After healing, always wear hypoallergenic earrings to prevent irritation.
- Avoid heavy earrings or those that tug on the piercing for the first few months.

### What to Avoid

- Do not remove earrings during the healing period (6-8 weeks for earlobes, up to 12 weeks for cartilage).
- Avoid touching or twisting earrings excessively.
- Do not use alcohol, hydrogen peroxide, or ointments like Neosporin unless directed.
- Avoid swimming in pools, lakes, or hot tubs for 1-2 weeks post-piercing.
- Keep hair products, perfumes, and makeup away from the piercing site.

## Patient Acknowledgment

By signing below, I confirm that:

- I have read or had this form explained to me
- I understand the risks, benefits, and alternatives
- I agree to follow all post-operative instructions
- I consent to the procedure by Dr. Caceres and his team

\_\_\_\_\_  
Patient / Agent / Guardian Signature

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date Signed

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This is a doctor's office regulated pursuant to the rules of the Board of Medicine as set forth in Rule Chapter 64BB, F.A.C

Patient Name:

DOB:

MRN: