



MORPHEUS PRE-OPERATION AND POST-OPERATION INSTRUCTIONS

PRE-OPERATION CARE

- Inform the provider if you have a defibrillator or electronic implant including metal plates and screws.
- Inform the provider if you have a history of Herpes Simplex.
- Inform the provider if you have a history of keloid scarring or abnormal wound healing.
- Morpheus cannot be performed if you have used Isotretinoin or Accutane within 6 months of treatment.

POST-OPERATION CARE

- Redness and swelling are common after treatment but usually resolve in 1-3 days.
- Skin may crust and/or peel for 2-7 days after treatment.
- Antibiotic ointment may be applied to the face before discharge.
- Avoid sun exposure after treatment to reduce the chance of hyperpigmentation.
- Apply gentle moisturizer to the skin twice daily for 1 week after treatment.
- Avoid drying agents such as retinol or acids (salicylic, glycolic, etc.) for 3 weeks after the procedure.

ACTIVITIES

- You can return to normal activity after the procedure.

MEDICATION

- Pain should be minimal to mild after the procedure and can usually be treated with Tylenol or Ibuprofen.

BATHING

- You may shower or bathe normally immediately after surgery.
- Use gentle soaps and water to clean the skin. Do not scrub forcefully.

NOTIFY OUR OFFICE IMMEDIATELY

- If you have severe pain that is not controlled by the pain medication that was prescribed.
- If you have severe or worsening swelling and bruising or difficulty breathing.
- If you have fevers above 100.3 F or swelling and redness of the neck.
- If you have facial weakness or smile asymmetry after surgery.

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A Division of ENT and Allergy Associate of Florida

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